



# CBYC Sailing School Youth Program Rules

**Our goal is to be safe and have fun, while learning & improving sailing skills!!**

1. Hours are 9am to 4pm, Monday to Friday. Drop off is from 8:45am. Pick up is until 4:15pm.  
Please speak to the Head Instructor or the School Administrator to arrange care for any student outside these hours. (If you are going to be late or absent, please inform your instructor the day before.)
2. **You must have your life jacket on at all times, while in a boat or on a dock.**
3. Shoes must be worn at all times. Sandals are fine for land, but **sneakers or booties must be worn while sailing** to protect toes.
4. Sail from the dock only after your instructor says it is okay to do so.
5. Take care in the use of all equipment and boats. Many hours have been spent getting them ready for the summer. If damage does occur, report it to an instructor as soon as possible so it can be fixed.
6. **Don't run on the docks.** It is too easy to trip on lines or slip on wet surfaces.
7. The floating clubhouse & marina docks are out of bounds unless with an instructor.
8. **Swimming is only allowed as a group with an instructor.**
9. Lunch takes place by the tree or at the picnic tables every day. You need to bring a lunch. **Do not leave the designated lunch areas** without your instructor's knowledge. After you eat your lunch, place all garbage in the trash cans.
10. Treat other sailors with the same respect that you would expect to be treated.