

Newsletter |  
Volume 4  
July 16, 2017

# Collins Bay Yacht Club Sailing School

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## SAVE THE DATE

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- July 17: Session 2 Begins!
- July 19: Theme Day – Denim Day!
- July 25: Race Night
- July 26: Theme Day – Pirates!
- July 27: KYC Annual Youth Regatta
- July 28: Session 2 Lunch Potluck BBQ

We have officially finished our first session of the summer! Can't wait for session 2 to start Monday – bring on the new sailors!

## First Race Night Success!!

### Tuesday July 11<sup>th</sup> recap

On Tuesday we held our first race night of the summer, it was a big success with beautiful weather! Perfect wind for racing, the 4 boats raced 3 times. Special shout out to Ethan and Carter Sutton who, for one race, beat the other 3 boats (420's) in a Topaz Topper! Way to go boys!

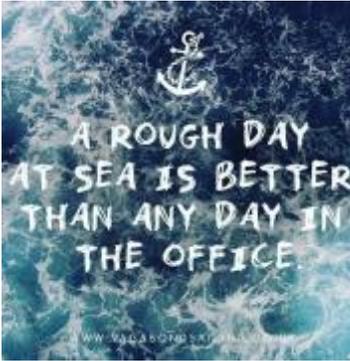
Tuesday Race Nights will run every Tuesday starting July 11th, at 5:00PM to 8:30PM. We kindly ask that you bring a donation of \$5 to participate per sailor. Don't forget your sailing gear and water! Parents and families welcome to participate as well, but must be able to handle boat on their own. If parents wish to watch, the Pier behind the Edith Rankin Memorial United Church is a great viewpoint.



## Follow us on Social Media!

### Stay up to date with our social media pages

We are on Facebook and Twitter! Check out *Collins Bay Marina and Collins Bay Yacht Club* (@CollinsBayMarina) on **Facebook**. Find us at @CollinsBayYC on **Twitter**! We have recently joined **Instagram** as well, find us at @cbyc\_sailingschool. Keep watch of both for updates, photos and much more!



## Track your sailing progress – CHECKCLICK

This awesome feature provided in conjunction with SailCanada allows sailors to track their online progress throughout the course. Our instructors update sailor reports a couple times weekly throughout the course, and progress is saved until next summer (or across to other clubs to carry on). We strongly recommend you go over this with your sailor, so they can work through their levels at a more focused pace. If anyone has trouble accessing Checkclick, or are struggling with the new formatting, please let us know! It is a great resource for sailors to see achievements, areas of improvement, and personalized comments from our instructors.





## First Session Recap

### CANSail 1&2

The first session of CANSail 1/2 had great winds for learning. A large and energetic group, we got to hit the water almost every day (weather depending), and pushed through the curriculum. After the fear of capsizing was out of the way and conquered, our 1/2 sailors perfected their sail trim and use of body weight in the boat. Can't wait to see you all next summer!



Photo Left:

CANSail 1/2 sailors with one of our volunteers Alicia, practicing sailing around a windward-leeward course (to work on Close Hauled to Run sailing transitions).

Photo Right:

CANSail 3/4 students Raigille and Morgan sail #15 'Racing Stripes', perfecting race starts this past week.



### **CANSail 3&4**

The 3/4's had a fun and productive session one. They were introduced to race strategy, and continued to improve their overall sailing and seamanship skills on the water through drills and exercises. This was a good start to the summer.

Photo Right: Monday night adult session tries single handed rigged topazes, and learns about sailing around 2 different types of courses, a beam reach collector and a windward-leeward course.



Photo Below:

Theme day #2 – Pajama day! Thanks to everyone who dressed up and got extra comfy on the water.



Photo Right:

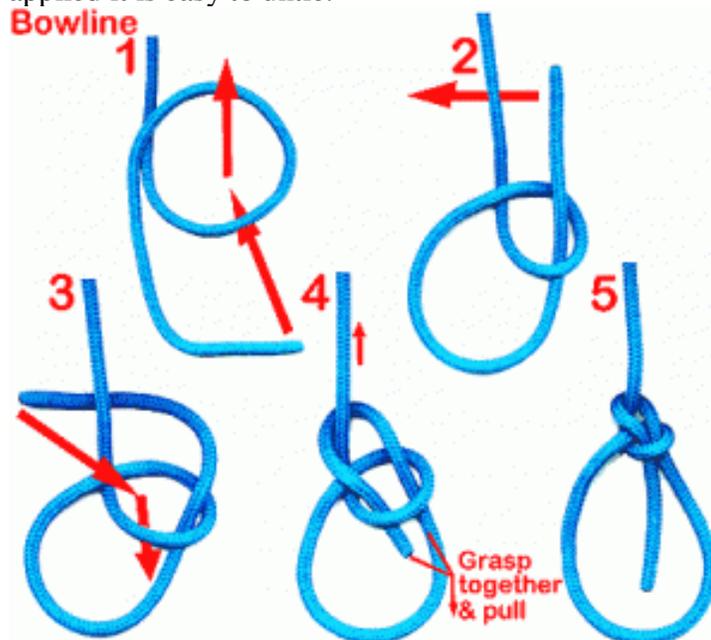
CANSail 1/2s play the 'Laughing Chain' on a day too windy for sailing. Theory, knots and some fun games to fill our time!

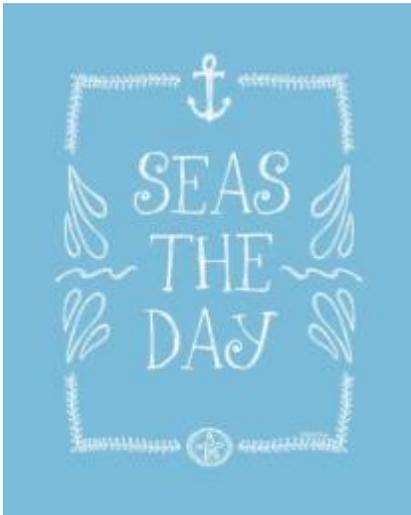


## Knot of the Week!

**New Feature** – every week we will pick a sailing knot for our sailors to try at home!

One of the most useful knots you can know. The **Bowline** forms a secure loop that will not jam and is easy to tie and untie. The Bowline is most commonly used for forming a fixed loop, large or small at the end of a line. Tried and tested over centuries, this knot is reliable, strong and stable. Even after severe tension is applied it is easy to untie.



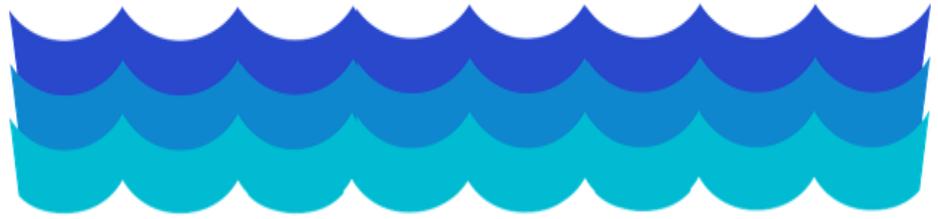


## CBYC Sailing School Website

<http://collinsbaymarina.com/cbyc/sailing-school/>

## Collins Bay Yacht Club Mixer

<http://collinsbaymarina.com/cbyc/news/newsletter/>



## KYC Annual Youth Regatta

Advanced sailors (CANSail 3/4) have been invited to participate in KYC's Annual Youth Regatta on **Thursday, July 27<sup>th</sup>**.

"This event is organized by KYC's Laser Race Team as part of their CANSail 5/6 curriculum. Opti Intermediate, Green Fleet, Opti Race, 420 Race and CANSail 2, 3, and 4 groups will all have the opportunity to compete. We hope that your program can join us on this fun filled day. As this is an opportunity to promote the development of Kingston's youth sailors, we do not require admission. Sailors should bring a water bottle, sunscreen, proper sailing clothing and a lunch that can be brought on the water."

Collins Bay Yacht Club Sailing School has participated in Regattas at both KYC and Picton Yacht Club in the past, as a way to bridge the sailing community in the area. Spots for our 3/4 students are limited and more information will be sent soon.

We would love it if you could come watch, and see what a race setting is like! We hope all our sailors strive to great heights, but we've all got to start somewhere. We are so glad CBYC is that place!

